

## **Chapter 14 FIRST AID**

### **IN THE EVENT OF AN EMERGENCY CALL 911**

Protecting the health of our employees is of the utmost importance to Sign Designs, Inc. Employees must be familiar with safeguarding and stabilizing injured employees until professional help arrives. Knowing what to do can save a person's life and limit the extent of damage caused by an injury. Sign Designs, Inc. contracts with U.S. Health Works to provide employees with professional medical personnel for advice and consultation on matters of occupational health.

Sign Designs, Inc. will always make provisions prior to commencement of the project for prompt medical attention in case of serious injury, especially in remote areas where medical services may be scarce. In the absence of an infirmary, clinic, hospital, or physician, that is reasonably accessible in terms of time and distance to the worksite, which is available for the treatment of injured employees, a person who has a valid certificate in first-aid training from the U.S. Bureau of Mines, the American Red Cross, or equivalent training that can be verified by documentary evidence, shall be available at the worksite to render first aid.

#### **First Aid Supplies**

First aid supplies shall be easily accessible when required. Each department and each vehicle shall have a first aid kit, in a weatherproof container, with individual sealed packages for each type of item, and shall be checked by the Production Manager, Department Manager, or on-site supervisor before being sent out on each job and at least weekly on each job to ensure that the expended items are replaced. (See First Aid Kit Contents)

#### **Medical Services**

Proper equipment for prompt transportation of the injured person to a physician or hospital, or a communication system for contacting necessary ambulance service, shall be provided.

Where the eyes or body of any person may be exposed to injurious corrosive materials, suitable facilities for quick drenching or flushing of the eyes and body shall be provided within the work area for immediate emergency use.

In areas where 911 is not available, the telephone numbers of the physicians, hospitals, or ambulances shall be conspicuously posted.

## **First Aid Kit Contents**

The first aid kit shall include:

1. Assorted adhesive bandages
2. Adhesive tape rolls, 1" wide
3. Eye dressing packet
4. Eye wash 4oz
5. 1" gauze bandage roll or compress
6. 2" gauze bandage roll or compress
7. 4" gauze bandage roll or compress
8. Sterile gauze pads, 2" square
9. Sterile gauze pads, 4" square
10. Sterile surgical pads suitable for pressure dressings
11. Antiseptic wipes
12. Aspirin tablet packs
13. Triple antibiotic ointment packs
14. Insect sting relief pads
15. 2 large latex gloves
16. Triangular bandages
17. Safety pins
18. Instant cold compress
19. Tweezers and scissors
20. Cotton tipped applicators
21. Forceps
22. Emesis basin
23. Rescue breather CPR one-way valve
24. Flashlight
25. Magnifying glass
26. 2 large hazmat bags
27. Up-to-date "standard" of "advanced" first aid manual
28. Emergency phone number guide